

# BLESSED?

## Ice Breaker

(in groups of 2 or 3 for larger groups)

Share a personal positive highlight from your week.

## Talk About it!

### Part 1

**Read Matthew 5:5-6 NIV and talk about it:**

1. When you hear the word meek, what comes to mind first?
2. How does that differ from what Jesus is actually teaching here, based on a thorough understanding of the word?
3. Where do you see yourself leaning toward worldly might or control instead of Kingdom meekness?

### Part 2

**Read Numbers 12:3 and talk about it:**

1. How does Moses' life challenge your assumptions about meekness?
2. Can you share a situation where you exercised restraint under pressure, or maybe failed to?
3. What would Kingdom meekness look like in that scenario?

### Part 3

**Read Exodus 32:19 NIV and talk about it:**

1. What does this teach about the balance between meekness and righteous assertiveness?

### Part 4

**Read Matthew 11:28 NIV and talk about it:**

1. How does Jesus' invitation relate to meekness as a posture of heart?
2. Where do you need to let go of self-reliance and lean more fully on Him?



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## Part 5

**Read Luke 18:9-14 NIV and talk about it:**

1. Who do you identify with in this parable—and why?
2. Where does it seem that pride or self-righteousness may be creeping into your spiritual life, and how could meekness transform it?

## Part 6

**Read Matthew 5:5-6 again and talk about it:**

1. How does relying on Christ for righteousness challenge the way you pursue rightness in your daily life?
2. What desires or patterns do you need to realign to rekindle hunger and thirst for God's righteousness instead of worldly achievement?

## Part 7

**Read Matthew 5:5-6 again and reflect on your own life and talk about it:**

1. The main idea of the message was a prayer: "God, help me release worldly might and rekindle an appetite for what is right." Where do you sense the Holy Spirit inviting you to a course correction in meekness or righteousness this week?

## Prayer Time

Read Philippians 3:9 and pray!